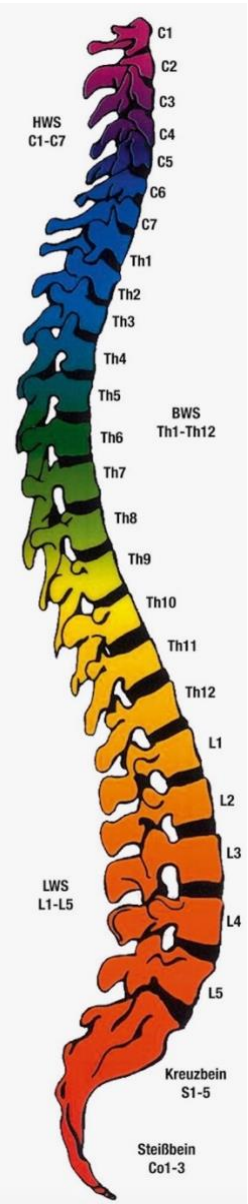


	Vertebrae	supply areas	physical symptoms	Possible internal problems
	C1	Head blood flow, ears, pituitary gland, sympathetic nervous system, memory, lymphatic system	headaches, nervousness, sleep disorders, memory loss, high blood pressure, dizziness	Crown chakra, lack of perspective, problems with the 'creator', wanting to grasp and understand everything with your mind
	C2	Eyes, auditory and optic nerves, bones, sinuses, tongue, forehead, joints	Sinus problems, allergies, eye problems, strabismus, deafness, earaches, fainting spells	Third eye chakra, lack of 'vision', unwillingness to look or overburdened sense of sight
	C3	cheeks, teeth, ear cups, sleep centre, face	Neuralgia, neuritis, acne, eczema, tinnitus, facial nerve problems	Not wanting to listen, no fixed point of view, wavering, losing one's footing, feelings of guilt
	C4	Nose, lips, mouth, Eustachian tube, nerve centre	Cold, hay fever, hearing loss, catarrh, polyps, blood pressure problems	
	C5	Vocal cords, neck, throat, solar plexus	Throat problems, colds, laryngitis, hoarseness	
	C6	Neck muscles, throat centre, tonsils, shoulders	Stiff neck, upper arm pain, tonsillitis, cough	Throat chakra, can't talk well, can't bite through, lump in the throat
	C7	Thyroid, bursa, shoulder, elbow, digestive system	Shoulder complaints, colds, thyroid disorders, goitre, depression, anxiety	
	T1	Forearms, hands, fingers, oesophagus, windpipe, centre of balance	Shoulder pain, neck cramps, pain in the forearm and hand, tendonitis in the forearm, tennis elbow, furry feeling in fingers (especially at night), coughing, shortness of breath, asthma	Tends to overwork themselves, shoulders bear a lot, does everything themselves, no trust
	T2	heart and surrounding area, sensory centre	heart problems, chest pain, heart rhythm problems, anxiety	Heart chakra, unable to be loving, closes heart, cold-hearted, joyless
	T3	chest, bronchial tubes, pleura,	Cough, breathing problems, asthma, bronchitis, pneumonia, influenza	Doesn't want anything for themselves, takes a back seat, doesn't want to take a deep breath, no opinion of their own
	T4	Gall bladder, bile ducts, centre of movement	Gall bladder disease, gallstones, jaundice, shingles, headaches on the side	Inner rage, does not let go, determined, bitter, hard on himself
	T5	liver, solar plexus, blood, blood supply	liver disease, fever, arthritis, low blood pressure, anaemia, circulatory insufficiency, shingles	Concern for others, problems with the 'inner child', neglecting one's own vital interests, always sad, cries a lot
	T6	gastrointestinal tract	Stomach problems, indigestion, heartburn, diabetes, pancreas	'Swallows' a lot, doesn't let anything out, inner rebellion, loses himself in addictions, eating and drinking
	T7	pancreas, duodenum	Duodenal ulcers, stomach problems, hiccups, vertebral disorders over a long period: vitamin deficiency, weakness	
	T8	spleen	spleen problems, weakness, hiccups, feeling of weakness	Energy chakra, worries, rigid, does not allow the flow of life
	T9	adrenal glands	allergies, hives	Suppresses one's own aggressiveness, makes accusations, becomes allergic
	T10	kidneys	Kidney problems, salt can't get out, hardening of the arteries, chronic fatigue	Relationship problems with parents, spouses, children, colleagues, neighbours, fellow human beings
	T11	kidneys, ureters	Skin conditions such as acne, spots, eczema, boils, rough skin, psoriasis (drink lots)	Contact problems, insecurity, always sees his own weaknesses, anxious, relationship fears
	T12	small intestine, lymphatic system	small intestine, rheumatism, bloating, growth disorders, infertility	It is difficult to make a fresh start. Fearful, unable to let go of the past, e.g. parents, spouse, people, animals, place of residence, possessions, work, career
	L1	large intestine, groin	Bowel disorders, intestinal circulatory disorders, constipation, diarrhoea, etc., constipation, headaches	
	L2	appendix, abdomen	Appendicitis, abdominal cramps, acidity, varicose veins, breathing difficulties	
	L3	Genitals, uterus, bladder, knee	Pregnancy disorders, PMS, knee problems, menstrual cramps, menopausal problems, bladder problems, knee pain, often together with the bladder, impotence, bedwetting, miscarriages	Sex chakra, sexual problems, sluggishness in 'digestion', lack of security, feelings of guilt
	L4	Prostate, sciatic nerve, muscles of the lower back	Sciatica, lumbago, prostate disorders, painful or too frequent urination	
	L5	Lower legs, feet, ankles	Weak ankles and arches, circulatory disorders in the lower legs and feet, cold feet, calf cramps, swelling of the feet and legs, rectum, anus, haemorrhoids	
	sacrum	Hip bone, buttock	Ailments in the hip/pelvis joints, curvature of the spine, sciatica, abdominal problems, chronic constipation, pain in the legs and feet	Basic chakra problems, little connection to 'Mother Earth'
	Coccyx	rectum, anus	Haemorrhoids, anal itching, pain when sitting	

Sources:

- <https://bewusst-vegan-froh.de/die-wahre-ursache-von-schmerzen-wie-die-wirbelsaeule-mit-anderen-organen-verbunden-ist/>
- https://physiohatten.de/?page_id=108